Welcome To Open Bible Hour

Thank you for joining us on this Lord's Day!

Our desire is that you may grow in the grace and knowledge of our Lord Jesus Christ as we pursue an in-depth study of the book of Hebrews.

If you have a prayer request, for which you would like us to pray, please fill out a prayer sheet at the back table and give to Lyle.



"ENTERING GOD'S REST"

Heb. 4:1-7

Jan. 13, 2013

- 1 Therefore, let us fear if, while a promise remains of entering His rest, any one of you may seem to have come short of it.
- 2 For indeed we have had good news preached to us, just as they also; but the word they heard did not profit them, because it was not united by faith in those who heard.
- 3 For we who have believed enter that rest, just as He has said,
- "AS I SWORE IN MY WRATH,
- THEY SHALL NOT ENTER MY REST,"
- although His works were finished from the foundation of the world.
- 4 For He has said somewhere concerning the seventh day: "AND GOD RESTED ON THE SEVENTH DAY FROM ALL HIS WORKS";
- 5 and again in this passage, "THEY SHALL NOT ENTER MY REST."
- 6 Therefore, since it remains for some to enter it, and those who formerly had good news preached to them failed to enter because of disobedience,
- 7 He again fixes a certain day, "Today," saying through David after so long a time just as has been said before,
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Psalm 95

- 1 O come, let us sing for joy to the Lord, Let us shout joyfully to the rock of our salvation.
- 2 Let us come before His presence with thanksgiving, Let us shout joyfully to Him with psalms.
- 3 For the Lord is a great God And a great King above all gods,
- 4 In whose hand are the depths of the earth, The peaks of the mountains are His also.
- 5 The sea is His, for it was He who made it, And His hands formed the dry land.
- 6 Come, let us worship and bow down ,Let us kneel before the Lord our Maker.
- 7 For He is our God, And we are the people of His pasture and the sheep of His hand. Today, if you would hear His voice,
- 8 Do not harden your hearts, as at Meribah, As in the day of Massah in the wilderness,
- 9 "When your fathers tested Me, They tried Me, though they had seen My work.
- 10 "For forty years I loathed that generation, And said they are a people who err in their heart, And they do not know My ways.
- 11 "Therefore I swore in My anger, Truly they shall not enter into My rest."

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Israel in the Wilderness

Jews in Hebrews

The Good News brought by the 2 spies who declared victory over Israel's enemies. The Good News brought by those who proclaimed salvation in Christ.

Reject the Good News. (Disbelief/Disobedience)

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Consequence: No Rest.

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James 1:22-24

- 22 But prove yourselves doers of the word, and not merely hearers who delude themselves.
- 23 For if anyone is a hearer of the word and not a doer, he is like a man who looks at his natural face in a mirror;
- 24 for once he has looked at himself and gone away, he has immediately forgotten what kind of person he was.

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Gen 1:31-2:3

- 31 God saw all that He had made, and behold, it was very good. And there was evening and there was morning, the sixth day.
- 1 Thus the heavens and the earth were completed, and all their hosts.
- 2 By the seventh day God completed His work which He had done, and He rested on the seventh day from all His work which He had done.
- 3 Then God blessed the seventh day and sanctified it, because in it He rested from all His work which God had created and made.

Exodus 31:17

17 "It is a sign between Me and the sons of Israel forever; for in six days the LORD made heaven and earth, but on the seventh day He ceased *from labor*, and was refreshed."



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*This is where the idea of "Rest" comes from.

Principles:

- 1. God has done everything.
- 2. Man has done nothing.
- 3. Adam and Eve only had to rest in what God had done.
- 4. Therefore they had already entered His rest.
- 5. Sin separates you from God's rest.

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4 Kinds of Rest

Rest for God after 6 days of creation. Gen 2:2

Rest for man on the Sabbath after 6 days of labor.

Rest for Israel by entering the promised land.

Rest for the believer when he/she enters salvation.

Matt 11:28

2 By the seventh day God completed His work which He had done, and He **rested** on the seventh

day from all

His work which l

He had done.

Ex 31:15

15 'For six days work may be done, but on the seventh day there is a sabbath of complete <u>rest</u>, holy to the Lord; whoever does any work on the sabbath day shall surely be put to death.

Josh 21:43-44 43 So the Lord gave

Israel all the land which He had sworn to give to their fathers, and they possessed it and lived in it. 44 And the Lord gave them <u>rest</u> on every

side, according to all

that He had sworn to

their fathers,

28 "Come to Me, all who are weary and heavy-laden, and I will give you rest.

Heb 4:3

3 For we who have believed enter that rest,

The pattern in all 4:

- 1. "Rest" comes from a period of work.
- 2. "Rest" is in what God has accomplished.
- 3. We enter God's rest through faith/obedience.

Rest for God after 6 days of creation.

Rest for man on the Sabbath after 6 days of labor.

Rest for Israel by entering the promised land.

Rest for the believer when he/she enters salvation.

God's Rest is always based on what He has accomplished.

Man's
 responsibility is
 to respond by
 faith in what God

has done.

3 Phases of God's Rest in Salvation

The Rest of Justification

Past Tense
Salvation
"I have rested"

The Rest of Sanctification

Present Tense Salvation "I am resting"

The Rest of Glorification

Future Tense Salvation

"I shall rest"

| Eternal Rest

Millennial Heavenly Rest

Revelation 14:13

13 And I heard a voice from heaven, saying, "Write, 'Blessed are the dead who die in the Lord from now on!' " "Yes," says the Spirit, "so that they may rest from their labors, "

Rev. 21:4 "and He will wipe away every tear from their eyes; and there will no longer be *any* death; there will no longer be *any* mourning, or crying, or pain; the first things have passed away."

Entering God's rest in salvation means:

1. Peace with God.

Rom 5:1

- 1 Therefore, having been justified by faith, we have peace with God through our Lord Jesus Christ,
- 2. Freedom from worry.

Matt 6:34

- 34 "So do not worry about tomorrow; for tomorrow will care for itself. Each day has enough trouble of its own.
- 3. Freedom from anxiety.

Phil 4:6

- 6 Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God.
- 4. Security.

John 10:27-28

- 27 "My sheep hear My voice, and I know them, and they follow Me;
- 28 and I give eternal life to them, and they will never perish; and no one will snatch them out of My hand.
- 5. Confidence.

Eph 3:11-12

- 11 This was in accordance with the eternal purpose which He carried out in Christ Jesus our Lord,
- 12 in whom we have boldness and confident access through faith in Him.

"Our hearts are restless

until they find their rest in Thee"

- St. Augustine

Like A River Glorious

Like a river glorious, is God's perfect peace, Over all victorious, in its bright increase; Perfect, yet it floweth, fuller every day, Perfect, yet it groweth, deeper all the way.

Refrain
Stayed upon Jehovah, hearts are fully blest
Finding, as He promised, perfect peace and REST.

Hidden in the hollow of His blessed hand, Never foe can follow, never traitor stand; Not a surge of worry, not a shade of care, Not a blast of hurry touch the spirit there. **Refrain**

Every joy or trial falleth from above,
Traced upon our dial by the Sun of Love;
We may trust Him fully all for us to do.
They who trust Him wholly find Him wholly true.

Refrain

Frances R Havergal's

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Application

- 1. If you are an unbeliever and you have been struggling and straining to achieve salvation, you are invited today to enter into the rest of justification.
- 2. If you as a believer are experiencing worry, anxiety, or restlessness, then you are invited <u>today</u> to enter the rest of sanctification.
- 3. If you desire a future that is free from the curse of this world with its mourning, pain, labor, saddness, and death, then you are invited to a future in the rest of glorification.